

PROFESSIONAL COACHING SERVICES



CESA 6 GROWTH & DEVELOPMENT CENTER

LEADERSHIP COACHING

You have the ability to impact your school, your district, your family and your community in ways you never thought possible. A CESA 6 certified professional coach can help you get past barriers in thinking and gain the clarity you need to reach your leadership and life goals.

"I appreciated the opportunity to reflect, the organization of my thoughts, the support of my growth, and (discussion on) the different perspectives I hadn't considered."

~ Wisconsin Administrator

Coaching Sessions may help you realize benefits including:

- Increasing your Executive Functioning Skills
- Choosing Your Reaction to Stress
- Capitalizing on Your Energy Potential
- Inspiring Those Around You
- Providing Clarity on Your Life's Purpose

International Professional Excellence in Coaching - iPEC - is accredited by the International Coaching Federation (ICF). Certified coaches have experienced hundreds of hours of training and coaching in order to understand how to guide you past your personal challenges to experience anabolic responses to stress, and help you realize opportunities to rise to your potential.

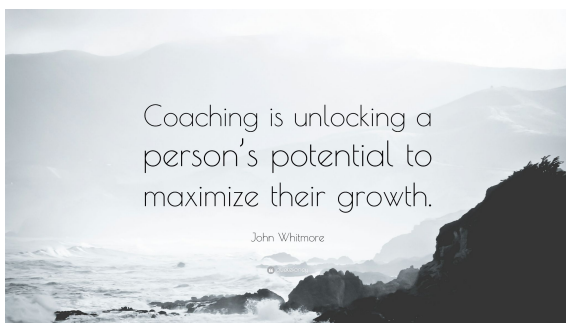
Recommended packages including an intake session begin at \$1199. The Energy Leadership Index (ELI) is also available for leaders wanting to measure current levels of energy and response to stress in order to be guided more effectively in navigating thoughts, feelings, and actions.

"(My coach) helped me become aware of some things I've wanted to do but haven't been able to articulate."

~ Wisconsin Administrator

"When I see coaching on my calendar I get anxious about spending the time, but after we talk, I feel so much more confident about doing my job and I see how the time spent on talking things through with a coach focused on my agenda is so worth it!"

~ Wisconsin Teacher Mentor



Contact CESA 6
for more
information

Growth & Development Center | epsupport@cesa6.org | (920) 236-0576

cesa6.org/services/growth-development-center/ |

