



ALLIES IN MENTAL HEALTH EDUCATION

HEAR ME,
SEE ME,
BELIEVE ME.



WHY CHOOSE AMHE?

Allies in Mental Health Education (AMHE), a partnership between CESA 6 and CESA 7, is designed to grow existing knowledge and systems to better support the mental health and wellness of your school community, students and staff. The Allies in Mental Health Education Implementation Model brings the Wisconsin DPI's School Mental Health Framework to life via:

- Breaking down the stigma of mental health
- Creating effective and systematic change
- Breaking down barriers to academic achievement

Join the AMHE journey in creating and implementing a strategic plan to grow school mental health in your school community. You will receive support from AMHE every step of the way. Through a combination of traditional professional development, on-site monthly coaching, and the opportunity to network with district teams and community partners, AMHE will help bring your vision of school mental health to life.

OUR COMMITMENT TO YOU

2-YEAR PARTNERSHIP OPPORTUNITY

VISION

Learners will be supported in their SEL development to improve educational outcomes and promote lifelong health and wellness for ALL, with focused and responsive access for those with increasing mental health needs.

MISSION

Allies in Mental Health Education (AMHE) is committed to the development of sustainable school systems that support the health and well being of all learners through a collaborative, integrative model that includes school, family, and community by increasing awareness and capacity to collaborate, plan, and implement an equitable multi-level system of supports (promotion, prevention and response).

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IT'S OK TO
NOT BE OK.

IMPACT OF AMHE

INDIVIDUALIZED TEAM
AND EDUCATOR COACHING PER YEAR



ON-SITE COACHING LEADS
TO EFFECTIVE RESULTS



among learners receiving comprehensive social
and emotional learning instruction

www.casel.org

TRAINING COMPONENT	LEARNING OUTCOMES		
	Knowledge of Content	Skillful Practice (Fidelity)	Integration into Practice
Presentation & Lecture	10%	5%	0%
Demonstration	30%	20%	0%
Practice	60%	60%	0%
Coaching (after training)	95%	95%	95%

WI Dept of Health Services

"AMHE has allowed the Appleton School District to review its system around mental health and the current impact. This includes looking at outcome data, as well as implementation and fidelity of the structures in place. The power is in the ability to transfer the work beyond our school team into the broader work of the district around mental health. The work is transferred beyond the AMHE building level team and this is what has been powerful for us as a District in order to gain momentum and move forward systematically."

- Polly Vanden Boogaard, Assistant Superintendent of Student Services, Appleton Area School District

HELP US
LEARN HOW
TO LEARN.